

VEX Robotics embodies the meaning of teamwork and cooperation. Each group realizes the importance and value these groups give to society and business. They understand each person needs to work together in order to become a "team" and to create a final product. However, it isn't the most important part of VEX; it was trust.

The lesson was taught when I first started VEX back in the 2010- 2011, season. Teamwork and cooperation is shown during the build season but, it didn't catch my attention until we were competing at a regional. We were currently in a match and our two drivers and coach were driving across the field and scoring in a very efficient manner. I noticed the ease the driver had with following our coaches orders and how the drivers were able to share the driving equally. It was a natural occurrence for all teams yet I had never noticed it before. Why did this happen? How was everyone able to accomplish this feat? Then I found it. Each person trusted the other to make the best decision for the team. They trusted each other enough to work together and not question the ideas given by the other team member or the coach.

This trust is an essential for society and the business community. It is used in every interaction a person has. In order for teamwork and cooperation to work the person need a certain degree of trust. They need to believe the "team" can solve the problem and trust their instincts. If a person doesn't, then they tend to argue and thus, not be able to work quickly. Trust is the true spirit of VEX.